An infant’s language increases dramatically once they begin nearing the age of fourteen months. In order to boost language development around that time, the Institute for Brain Learning and Brain Sciences at the University of Washington promotes the use of games with young toddlers. Parents can begin with little games such as pointing to their eyes, nose, ears, etc. These turn-taking games not only reinforce identification, but they allow the child to practice using words and gestures. Games such as “show me your nose” emphasize the back-and-forth nature of conversation, as well as the importance of sharing attention with another person. During these games, the child must make eye contact and gesture, a skill necessary for language later in life. Other examples of identification games include making a game out of naming and pointing during everyday activities. For example, parents may say “show me the grapes” at lunch or while shopping parents can say, “Where are the bananas?”

Younger infants benefit from games as well, but in more subtle ways. Around the age of five to eight months, parents may take advantage of making their child laugh by turning silly or funny games into a social lesson.

(Continued, p. 3)
Keep On Moving: The Importance of Motor Development
Lisa Keylon

There are many key factors involved in infant growth and development, but one that might not be as obvious is movement. Children use movement constantly in their everyday lives, while playing, eating, and interacting socially. Increasing ability to move around helps infants develop cognitively as they explore and interact with their world. The skills necessary for movement can be improved by constant practice.

Here are some great ideas from the website Zero-to-Three that allow you to interact with your child while also helping them practice their motor skills:

Activity ideas for 12 months and under
♦ Let your baby play on his/her stomach and join in the fun! This is the perfect time to try “peek-a-boo”.
♦ Try dancing to the beat of different music with your baby in your arms. You can even do this with friends and their children.
♦ Imitate your baby’s actions and see if they catch on to your game.

Activity ideas for 12-24 months
♦ Put on some music and dance with your child!
♦ An obstacle course constructed with pillows, boxes, and blocks provides a great setting for your child to put those motor skills to work.
♦ To increase fine motor skills you can teach your child to sing songs that involve hand movements, such as *Itsy Bitsy Spider*.

Activity ideas for 24 months and older
♦ Playground time can be a valuable developmental experience, whether your child prefers the swings, the sandbox, or the slide!
♦ Act out stories at story time and encourage your child to join in.
♦ To help with balance, play a game with your child where a room in your house is the ocean and you have to jump on cushions laid on the floor to get from one side of the room to the other.

We’d like to welcome our returning students for Summer 2011:

- Lindsey Collins, B.S.
- Lisa Keylon, B.S.
- Brittney McCormick, B.S.
- Sarah Salomon, B.S.
- Megan Wallace, B.S.

**Graduation Announcements**

The Infant Learning Project would like to congratulate Sarah Salomon on receiving her M.S. in Psychological Sciences this past May! Sarah has worked in the lab since spring 2010. She recently completed a research project over the different factors related to infant habituation.

Additionally, the lab would like to congratulate Lisa Keylon on receiving her B.S. in Child Learning & Development and Psychology. Lisa has worked in our lab since the fall 2009 semester, and she recently finished her honors thesis project in the lab over 6-month-olds’ categorization of infant-directed speech. We are proud of their accomplishments!

Congratulations, Sarah and Lisa!

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(Language Development for Your Child, continued from p. 1)

They can do this by repeating the game over and over, but stopping the game when the child becomes fussy or looks away. Reading a child's cues during a game should teach them trust and that their parents will take care of them. Jackie Silberg, author of *Baby Smarts: Games for Playing and Learning*, provides several different games to play with infants. She writes about the use of bubbles to teach cause and effect, emptying boxes to show the child how to discover, and sing-a-longs to give the child an opportunity to predict the next word. All of these games will not only promote language but will also support the parent-child relationship, a necessary ingredient in later language development.

Sources:
- [http://www.parenting.com/article/talking-your-baby](http://www.parenting.com/article/talking-your-baby)
- [http://www.healthychildren.org/English/ages-stages/baby/pages/Language-Development-8-to-12-Months.aspx](http://www.healthychildren.org/English/ages-stages/baby/pages/Language-Development-8-to-12-Months.aspx)