

**SUCCESSFUL  
STUDENT  
WORKSHOPS  
Fall 2009**



**Student Counseling  
Center**

Tel: 972-883-2575  
[www.utdallas.edu/counseling](http://www.utdallas.edu/counseling)

**Memory & Concentration**

Thursday, Sept. 17 6-7pm

Monday, Oct. 26 4-5pm

**Procrastination**

Wednesday, Sept. 30 4-5pm

**Time Management**

Tuesday, October 13 4-5pm

**Stress Management**

Thursday, Nov. 19 6-7pm

All workshops are free of charge and are held in the Phoenix Room of the Student Union Building.

**ON-LINE WORKSHOPS**

The following workshops are available on-line. Please contact the Counseling Center during business hours at 972-883-2575 to enroll in the workshop of your choice. You will be requested to provide your name, UT Dallas NetID, and workshop name.

**Time Management**

**Memory & Concentration**

**Stress Management**

**Changing Negative Habits**

**Test-Taking Skills**