



Ergonomic Policy

1. Minor Ergonomic Issues (Minor Discomfort, Not Constant pain)
 - a. View the Environmental Health and Safety (EHS) presentation located on our web site.
 - b. Correct Issue as stated in presentation.
 - c. If discomfort continues or issue is not covered in the presentation, contact EHS for an evaluation of your workplace.
 - d. EHS will provide suggestions on how to avoid discomfort or recommend the purchase of equipment to correct problems, if needed.
 - i. EHS can loan available equipment to see if solves the problem.
 - e. EHS will follow up to assure problems are alleviated and the solutions are working effectively.

2. Major Ergonomic Issues (Carpal tunnel, Chronic back Pain, etc.)
 - a. View the EHS presentation online in order to have an awareness of what you are doing in correctly
 - b. Correct all issues that May be causing problems
 - c. Schedule an appointment with EHS for an evaluation
 - d. EHS will provide suggestions on how to avoid discomfort or recommend the purchase of equipment to correct the problem(s).
 - e. EHS will follow up to assure problems are alleviated and the solutions are working effectively.

Questions regarding ergonomics should be directed to EHS at extension 4111.