

## **Helen Wight Collection**

### **Box 1**

- 1 Hand and arm signals used with helicopter lesson plan
- 2 Kits and equipment
- 3 Medical
- 4 Knowledge of the parachute
- 5 Protection from the elements
- 6 Plant food and living off the land
- 7 Communications
- 8 Evasion and travel
- 9 Preparation for survival - introduction
- 10 Environmental hazards
- 11 Recovery

Miscellaneous items:

Physical fitness pamphlet  
Aircraft dispatcher test guide  
Aerial recovery and cargo delivery systems

16 photographed illustrations of:

"Trail and Track System", Northern wilderness areas  
Basic helicopter handbook

Lesson outline:

CCAA Aircraft Dispatcher initial and recurrent training course  
Survival harness photographs  
Slides  
Miscellaneous items