Learn how to improve your health and lose weight while eating the foods you love.

The Naturally Slim program has the secret to lasting weight loss and it doesn’t include starving, counting calories or eating diet food. The University of Texas System is now offering you the chance to learn how to eat to reduce your chances of getting a serious disease, like diabetes or heart disease, and increase your chance at living a longer, healthier life.

Space is limited. The Naturally Slim program starts September 12, 2016.

Application opens August 1, 2016.
www.naturallyslim.com/uts