Get tested for cancer. It’s one of your best defense strategies for beating the disease. If cancer is hiding out in your body, regular check-ups will help your doctor find the disease as early as possible.

*(UT MD Anderson Cancer Center)*

**Get the Facts: Men’s Cancer Check-up**

- Don’t wait for signs of illness to show-up
- Get your prostate checked
- Get a colonoscopy to prevent and find cancer early
- Look for skin changes
- Ask your doctor about your personal risk for cancer
- Get the right test at the right age

Source: UT MD Anderson’s [Focused on Health](http://www.webmdhealth.com/ut)

Check out the Living Well Health Manager Health Topic Section. Go to [www.webmdhealth.com/ut](http://www.webmdhealth.com/ut) Click on “Health Topic” then go to “Men’s Health”