Abstract—This paper presents a formulation of controlled geometric reduction with one degree of underactuation for mechanical systems with an unactuated cyclic variable subject to passive damping. We show that the first control term in the fully actuated case reduces to passive joint-velocity feedback, which can be equivalently provided by viscous friction. The underactuated control strategy is applied to a five-link 3D biped with a hip, torso, knees, and unactuated yaw at the foot contact point. We show asymptotically stable walking in the presence of passive yawing for realistic friction coefficients.

I. INTRODUCTION

Human walking is a dynamic task involving distinct phases of static instability. Motor control of this task is challenged by different forms of underactuation during a gait cycle. A dynamic walking biped engages in controlled falling during single-support phase, where gravity and momentum propel the center of mass along a pendular arc causing the support foot to passively rotate about different contact points from heel-strike to toe-off. In addition to pitching in the sagittal plane-of-motion, body dynamics induce yawing about the gravity vector at these contact points. The human ankle joint provides substantial actuation in the sagittal plane through plantar/dorsiflexion and some actuation in the frontal plane through inversion/eversion, but internal/external rotation (i.e., yaw) of the stance leg is mostly passive [1].

Different control strategies have been proposed to confront these forms of underactuation in walking robots. Works based on hybrid zero dynamics model the foot/ankle as a point with passive degrees of freedom (DOFs) [2]–[5]. This method has produced walking without ankle actuation on the planar testbeds RABBIT [3] and MABEL [4], and recent work has simulated 3D walking with yaw rotation [5].

Controlled geometric reduction [6]–[10] uses symmetry-based momentum constraints to create zero dynamics corresponding to planar bipeds that are known to have passively stable gaits (i.e., gravity-powered walking down shallow slopes [11]). This approach exploits the natural existence of limit cycles in the sagittal plane as a sufficient condition for generating gaits in actuated 3D bipeds. Feet with fixed yaw are modeled in [10] to demonstrate that reduction-based control is robust to phases of underactuation associated with non-flat foot contact with ground. However, this body of work has not considered the steady form of underactuation associated with passive yaw rotation.

This paper derives an underactuated formulation of controlled reduction that produces 3D walking in the presence of passive yawing. We constrain our investigation to a fixed contact point by modeling the biped with point feet. Section II introduces the momentum constraints induced by cyclic variables (i.e., invariants in dynamics) and passive joint-velocity feedback. We use these constraints in Section III to show that controlled reduction can be achieved with an unactuated cyclic variable subject to passive damping. This controller produces locally exponentially stable walking gaits for a five-link 3D biped in Section IV. We conclude in Section V with discussion and future work.

II. LAGRANGIAN MECHANICS AND SYMMETRY

We consider the class of n-DOF mechanical systems with configuration space \( \mathbb{Q} = \mathbb{R}^n \), where the state \((q, \dot{q})\) in tangent bundle \( T\mathbb{Q} \cong \mathbb{R}^{2n} \) consists of configuration \( q \in \mathbb{Q} \) and tangential velocity \( \dot{q} \in \mathbb{R}^n \). The system dynamics are derived from the Lagrangian \( \mathcal{L} : T\mathbb{Q} \to \mathbb{R} \), given in coordinates by

\[
\mathcal{L}(q, \dot{q}) = \frac{1}{2} \dot{q}^T M(q) \dot{q} - V(q),
\]

where \( V(q) \) is the potential energy and \( M(q) \) is the mass/inertia matrix. System integral curves satisfy the Euler-Lagrange (E-L) equations

\[
\frac{d}{dt} \nabla_q \mathcal{L} - \nabla_q \mathcal{L} = \tau,
\]

where \( \tau \in \mathbb{R}^n \) contains the external joint torques. This second-order system of ordinary differential equations gives the dynamics for the actuated mechanism in phase space \( T\mathbb{Q} \):

\[
M(q) \ddot{q} + C(q, \dot{q}) \dot{q} + N(q) = B u,
\]

where \( n \times n \)-matrix \( C(q, \dot{q}) \) contains the Coriolis/centrifugal terms, vector \( N(q) = \nabla_q V(q) \) contains the potential torques, and \( n \times m \)-matrix \( B \) (full row rank) maps actuator input vector \( u \in \mathbb{R}^m \) to joint torques \( \tau = B u \in \mathbb{R}^n \) for \( m \leq n \).

Conservation Laws. Symmetry of the system Lagrangian implies a conservation law by Noether's theorem [12], i.e., a physical quantity of the system is conserved by the dynamics. We are interested in conservation laws that can be expressed as nonholonomic constraints of the form

\[
J_c(q) \dot{q} = b(q),
\]

where \( J_c \in \mathbb{R}^{k \times n} \) has rank \( k < n \). The system dynamics restricted to the invariant level-set

\[
\mathcal{Z} = \{(q, \dot{q}) \mid J_c(q) \dot{q} - b(q) = 0\}
\]
then correspond to lower-dimensional zero dynamics. We now discuss the kind of symmetries that we will use to design a desirable submanifold $\mathcal{Z}$ for controlled reduction.

**Cyclic Variables.** Let Lagrangian $\mathcal{L}$ be defined in coordinates of configuration space $Q = G \times S$, where $G = \mathbb{R}^k$ is the configuration symmetry group and $S = \mathbb{R}^{n-k}$ is the shape space. We are interested in symmetries of $\mathcal{L}$ characterized by cyclic variables $q_c \in G$, such that

$$\nabla_{q_c} \mathcal{L} = 0. \quad (6)$$

If these cyclic variables are free from external and actuator forces, equations (2) and (6) imply that the generalized momenta $p_c = \nabla_{q_c} \mathcal{L}$ conjugate to the cyclic coordinates are constant. The dynamics then evolve on the invariant level-set (5) of these conserved momentum quantities, where $J_c = [I_{k \times k} \ 0_{k \times (n-k)}]M$ and $b(q) = \mu$ for some constant vector $\mu$. *Routhian reduction* uses these constraints to directly relate full-order integral curves on phase space $TQ$ to reduced-order integral curves on phase space $TS$, and vice versa.

In the case of mechanical systems, often only the world coordinates are cyclic, e.g., position and orientation of the stance foot. However, extensive symmetries known as recursively cyclic variables exist in subsystems of open kinematic chains, a general property proven in [7], [8]. The rigid-body inertia matrix $M$ can be expressed in relative coordinates to be independent of (cyclic) variable $q$. The lower-right $n - 1 \times n - 1$ submatrix is additionally independent of $q_2$, and the lower-right $n - 2 \times n - 2$ submatrix is independent of $q_3$. This nested cyclic structure holds recursively through the inertia matrix until a branch in the kinematic chain [8].

Many systems have an unactuated cyclic variable and actuated shape variables (e.g., bipedal runners in flight phase), for which stability can be achieved by breaking the momentum conservation law with a rotary spring in the cyclic coordinate [13]. We will instead use passive *damping* to replace the existing conservation law with a new functional momentum law that controls the cyclic variable.

**Controlled Momentum Constraints.** Our controlled version of Routhian reduction shapes the conservation laws arising from cyclic variables [6]--[8], [14]. These controlled momentum constraints will uniquely describe the dynamics of the *constrained* coordinates $q_c \in \mathbb{R}^k$ in terms of the *reduced* coordinates $q_r \in \mathbb{R}^{n-k}$, where $q = (q_c^T, q_r^T)^T$.

Although the generalised momentum is typically defined as $\hat{p} := \nabla_{q_c} \mathcal{L} = \dot{M} \dot{q}$, multistage controlled reduction exploits the recursively cyclic structure of the inertia matrix by considering the momentum $p := \dot{M} \dot{q}$, where matrix $\dot{M}$ is defined by upper-triangular blocks from $M$:

$$\dot{M}(q) = \begin{pmatrix} M_c(q_c, q_r) & M_{c,r}(q_c, q_r) \\ 0 & M_r(q_r) \end{pmatrix}, \quad (7)$$

where $\dot{M} \in \mathbb{R}^{k \times k}$ is the upper-triangular part of the top-left $k \times k$ submatrix in $M$, and $M_{c,r} \in \mathbb{R}^{k \times (n-k)}$, $M_r \in \mathbb{R}^{(n-k) \times (n-k)}$ are, respectively, the top-right and bottom-right submatrices in $M$. The first $k$ momentum terms are

$$p_c := [I_{k \times k} \ 0_{k \times (n-k)}] \dot{M} \dot{q}, \quad (8)$$

which we wish to constrain in order to control coordinates $q_c$ to neighborhoods around set-points $\bar{q}_c \in \mathbb{R}^k$ (cf. [14]):

$$p_c = -K(q_c - \bar{q}_c) \quad \Leftrightarrow \quad \begin{bmatrix} M_c & M_{c,r} \end{bmatrix} \dot{q} = -K(q_c - \bar{q}_c) \quad (9)$$

$$\Rightarrow \quad \dot{q}_c = -M_c^{-1} [K(q_c - \bar{q}_c) + M_{c,r} \dot{q}_r], \quad (10)$$

where gain matrix $K \in \mathbb{R}^{k \times k}$ is constant, diagonal, and positive-definite. These momentum constraints define the smooth, invariant, $(2n - k)$-dimensional submanifold $Z_{\bar{q}_c}$ as in (5), where $J_c = [M_c \ M_{c,r}]$ has row rank $k$ and $b = -K(q_c - \bar{q}_c)$ is continuously parameterized by $\bar{q}_c$.

Due to the recursively cyclic and upper-triangular structure of $M$, it is easily shown that scaling matrices $M_c^{-1}K$ and $M_{c,r}^{-1}M_{c,r}$ have no dependence on configuration elements $q_{1,i}$ in row $i$, for $i \in 1, ..., k$. We then see that equation (10) represents a homogeneous first-order linear system in $q_c$, with time-varying coefficients based on trajectories $(q_c(t), \dot{q}_c(t))$. The diagonal blocks of inertia matrix $M$ are positive definite, implying that $M^{-1}_cK$ is also positive definite. System (10) then has negative gain linearity in $q_c$, by which we can prove the existence of a unique $T$-periodic orbit $(q^*_c(t), \dot{q}^*_c(t))$ in a neighborhood about $\bar{q}_c$, given the existence of a $T$-periodic orbit $(q^*_c(t), \dot{q}^*_c(t))$. We can similarly prove that asymptotic convergence to the reduced orbit implies asymptotic convergence to the constrained orbit [14]. These constraints decompose the control problem into upper triangular form, allowing us to construct limit cycles for locomotor patterns in a manner analogous to forwarding/backstepping [15].

The first of these $k$ constraints is achieved with passive joint-velocity feedback (e.g., viscous damping from friction), which we will exploit in underactuated controlled reduction.

**Lemma 1:** Letting $\bar{q}_1$ in configuration vector $q$ correspond to the first DOF and $\frac{\partial}{\partial \bar{q}_1} V = 0$, then passive feedback

$$\tau_1 = -K_1 \dot{q}_1, \quad \text{for } K_1 > 0, \quad (11)$$

in system (2) implies the functional conservation law

$$\begin{bmatrix} 1 & 0 \end{bmatrix} J_c(q) \dot{q} = -K_1(q_1 - \bar{q}_1) \quad (12)$$

for some constant $\bar{q}_1$ satisfying initial boundary condition

$$p_1(t_0) = -K_1(q_1(t_0) - \bar{q}_1). \quad (13)$$

**Proof:** Recursively cyclic $M$ and $\frac{\partial}{\partial \bar{q}_1} V = 0$ imply that $q_1$ is cyclic, so plugging (11) into (2) implies $\dot{p}_1 = -K_1 \dot{q}_1$. Momentum $p_1$ is no longer conserved as a constant but rather as a function by the fundamental theorem of calculus:

$$p_1(t) = p_1(t_0) - \int_{t_0}^t K_1 \dot{q}_1(\tau)d\tau = p_1(t_0) - K_1(q_1(t) - q_1(t_0)).$$

Given (13), then $p_1(t) = -K_1(q_1(t) - \bar{q}_1)$ for all $t \geq t_0$. ■

**Remark 1:** Every initial condition has an associated conservation law, so we have rendered invariant infinitely-many submanifolds, each parameterized by $\bar{q}_1$:

$$Z_{\bar{q}_1} = \{(q, \dot{q}) | [1 \ 0] J_c(q) \dot{q} + K_1(q_1 - \bar{q}_1) = 0\}. \quad (14)$$
This so-called foliation of manifold $TQ$ will be the result of underactuated controlled reduction in Section III.

Lemma 1 suggests that viscous damping, whether from a mechanical damper or friction, will be helpful in enforcing the constraints needed for controlled reduction.

III. CONTROLLED GEOMETRIC REDUCTION

We now render the reduced dynamics (e.g., the sagittal plane of a biped) decoupled from the coordinates constrained by (9). Although Lagrangian/energy shaping is used in [6], [7], we will instead insert joint accelerations that directly enforce the desired constraints and decouple the reduced coordinates as in the fully actuated approach of [9].

Constraint Jacobian $J_c = [M_c \ M_{c,r}]$ maps joint velocities to momenta in first-order constraint (4), but this Jacobian can also map joint accelerations to torques. We take the time-derivative of (4) to obtain the second-order constraint

$$J_c \ddot{q} = -\dot{J}_c \dot{q} + \ddot{b}, \quad (15)$$

where $\dot{J}_c = [\dot{M}_c \ M_{c,r}]$ and $\dot{b} = -K \dot{q}_c$. This second-order constraint, which does not depend on set-point $\dot{q}_c$, renders invariant infinitely-many first-order submanifolds $z_{\dot{q}_c}$ in a foliation of $TQ$. This includes all possible conservation laws provided by passive feedback in Lemma 1.

We now design joint accelerations $\ddot{q}_d \in \mathbb{R}^n$ that enforce (15) and follow a reference acceleration $\ddot{q}_{ref} = (\ddot{q}_{d,c}^T, \ddot{q}_{d,r}^T)^T \in \mathbb{R}^n$ within the constraint nullspace. This can be interpreted in terms of hierarchical operational space control [16], where constraint enforcement is the primary task and tracking $\ddot{q}_{ref}$ is a secondary task that complies with the primary. All solutions for this desired acceleration can be given by

$$\ddot{q}_d = J_c^e (-\dot{J}_c \dot{q} - K \ddot{q}_c) + (I - J_c^e \dot{J}_c) \ddot{q}_{ref}, \quad (16)$$

where $J_c^e \in \mathbb{R}^{n \times k}$ denotes any generalized inverse of $J_c$ (i.e., a matrix such that $J_c J_c^e J_c = J_c$).

Since $J_c$ is full row rank, we can choose an inverse of the form $J_c^e = WJ^T_c (J_c W J_c^T)^{-1}$, where $W \in \mathbb{R}^{n \times n}$ is a positive definite weight matrix that manipulates how accelerations $\ddot{q}_{ref}$ are projected into the null space of the constraints. We choose $W = \hat{M}^{-T}$ to find that $J_c^e = [\hat{M}^{-T} 0]^T$, so the nullspace projector takes the simple form

$$(I - J_c^e \dot{J}_c) = \begin{bmatrix} 0 & -\hat{M}_c^{-1} M_{c,r} \\ 0 & I \end{bmatrix}. \quad (17)$$

This choice of weight matrix (and nullspace projector) renders orthogonal the projections of the constrained and unconstrained dynamics (recall that $J_c$ is defined by $\hat{M}$, and $\hat{M} W = W \hat{M} = I$). We can now express desired accelerations (16) in terms of the partitions

$$\ddot{q}_d = \begin{bmatrix} -\hat{M}_c^{-1}(\dot{J}_c \dot{q} + K \ddot{q}_c + M_{c,r} \ddot{q}_{ref}) + [0 \ v^T]^T \\ \ddot{q}_{ref} \end{bmatrix}, \quad (18)$$

where $v \in \mathbb{R}^{k-1}$ is an auxiliary control term in the constrained dynamics. We see that nullspace projector (17) has removed any dependence on $\ddot{q}_{ref}$ but the first $k$ coordinates instead evolve according to the constraints – leaving command over the reference acceleration $\ddot{q}_{ref}$ in the decoupled reduced partition. This term also appears in the constrained partition, which will provide synchrony between different planes-of-motion in our biped application, i.e., the constrained orbit will have the same period as the reduced orbit.

In order to impose joint accelerations (18), we first define the fully-actuated inverse dynamics controller

$$\tau_\perp(q, \dot{q}) = M (\ddot{q}_d + [0 \ v^T \ 0^T_{n-k}]) + C \dot{q} + N. \quad (19)$$

Applying control (19) to system (3), the closed-loop dynamics are finally decomposed into upper-triangular form (18).

Although second-order constraint (15) is always enforced under (19), initial conditions determine one of infinitely-many first-order constraints (4). System (18) possesses a symmetry with respect to set-points of the constrained coordinates. This may be desirable in some coordinates, e.g., biped dynamics should be invariant with respect to yaw/heading on a flat surface. We can achieve this foliation of $TQ$ even if the first DOF is unactuated, provided that it is subject to viscous damping from passive forces.

Proposition 1: Letting $v = 0$, the first term of control (19) reduces to passive feedback (11), i.e., $[1 \ 0] \tau_\perp = -K \dot{q}_c$.

Proof: Plugging (18) into (19) and noting that $[1 \ 0] \hat{M}_c^{-1} = [1 \ 0]$, we first evaluate

$$[1 \ 0] M \ddot{q}_d = -[1 \ 0] \dot{J}_c \dot{q} - K_1 \dot{q}_c.$$

Because $q_1$ is a cyclic variable of the Lagrangian and thus the potential energy, $[1 \ 0] N = \frac{\partial L}{\partial \dot{q}_1} V = 0$. The definition of Coriolis matrix $C$ (computed from $M$) can be invoked to show that $-[1 \ 0] \dot{J}_c \dot{q} + [1 \ 0] C \dot{q} = 0$.

Hence, the first control term can be provided by passive forces instead of actuation. This term enforces the second-order constraint with respect to $q_1$ by Lemma 1, and the remaining control terms in (19) need only know the friction coefficient in (11) to enforce the remaining $k - 1$ second-order constraints. Any given solution trajectory belongs to a submanifold defined by some first-order constraint (4), and we can invoke Lemma 1, specifically (13), to determine the specific vector $\ddot{q}_c$ parameterizing this submanifold.

We let the initial conditions determine $\ddot{q}_1$ in this manner, but the remaining $k - 1$ constrained coordinates can be controlled to desired set-points through auxiliary input $v$. We wish to render globally exponentially attractive the surface $z_{\dot{q}_c} \in \mathbb{R}^{k-1}$. This is equivalent to zeroing $k - 1$ outputs $y := [0 \ I] (J_c \dot{q} - \dot{b})$, so we will feedback linearize the associated output dynamics into the exponentially stable system $\dot{y} = -L y$, for some positive-definite gain matrix $L \in \mathbb{R}^{k-1 \times k-1}$. In terms of the constraints this system is

$$[0 \ I] (\dot{J}_c \dot{q} + J_c \ddot{q} - \dot{b}) = -L y. \quad (20)$$

Plugging (18) into $\ddot{q}$, we solve for the linearizing control law:

$$v_{linz}(q, \dot{q}) = -[0 \ I] \hat{M}_c^{-1} [0 \ I]^T L y. \quad (21)$$

This proportional controller is zero when restricted to the constraint surface, i.e., $v|_{z_{\dot{q}_c}} = 0$, allowing us to invoke
Proposition 1. Letting torque map \( B = [0 \ I]^{T} \) in system (3), the underactuated version of (19) is finally given by

\[
    u_{\text{und}}(q, \dot{q}) := [0 \ I] \tau_{q}(q, \dot{q}), \quad v = v_{\text{linx}}(q, \dot{q}).
\]  

We will see that the biped’s discontinuous impact events tend to violate first-order constraints (4), i.e., \( 2_{k-1} \) is not hybrid invariant, but subcontroller (21) will correct these errors shortly after each impulsive event.

IV. FIVE-LINK 3D BIPED RESULTS

The 3D biped model in Fig. 1 has two phases during single-support: a knee-swing phase with six DOFs and a knee-lock phase with five DOFs. The knee of the stance leg remains locked during that leg’s entire single-support cycle. We assume the biped walks on a flat surface with sufficient Coulomb friction to prevent slipping and non-zero viscous friction in the yaw DOF. This can be interpreted as a point foot in contact with a textured surface or as a flat foot with passive elements in the yaw DOF of the ankle (e.g., tissue).

This biped has coordinates \( q = (\psi, \varphi, \theta^{T})^{T} \) in configuration space \( \Omega = \mathbb{R}^{6} \), where \( \psi, \varphi \in \mathbb{R} \) are respectively the heading/yaw and roll/lean variables at the stance foot, and vector \( \theta = (\theta_{s}, \theta_{t}, \theta_{th}, \theta_{sh})^{T} \) contains the sagittal-plane (pitch) variables for the stance leg, torso, swing thigh, and swing shank, respectively. Knee-lock phase provides \( \theta_{th} \equiv \theta_{sh} \). Yaw is the first DOF in the kinematic chain and is defined about the gravity vector on a flat surface, implying that variable \( \psi \) is cyclic in both kinetic and potential energy.

The system state is \( x = (q^{T}, \dot{q}^{T})^{T} \) in domain \( D \), defined as the subset of \( T\Omega \) such that the swing foot height is non-negative. We assume that both knee-strike and ground-strike impact events are instantaneous and perfectly plastic, resulting in transitions between the six and five DOF dynamics according to hybrid system \( \mathcal{H} \) of Fig. 1. The ground-strike guard \( G_{g} \) is defined as the set of states in \( D \) where the swing foot height is zero, and its reset map \( \Delta_{g}(x) \) is computed following the method of [2]. The knee-strike guard \( G_{k} \) is the set of states in \( D \) where \( \theta_{th} - \theta_{sh} = 0 \), and its reset map \( \Delta_{k}(x) \) is computed as in [17]. Bilateral symmetry across the sagittal plane provides that hybrid dynamics are mirrored between left and right leg stance, where the signs of hip width \( w \) and angle \( \rho \) are flipped at ground strike.

**Model-Specific Controller.** We partition this model’s configuration into constrained coordinates \( q_{c} = (\psi, \varphi)^{T} \) and reduced coordinates \( q_{r} = \theta \). Ankle yaw is unactuated, cyclic, and subject to viscous damping as in (11). Each phase of \( \mathcal{H} \) has an associated controller (22), which switches with the model during walking. Control gains are uniform across phases, and control torques are saturated at \( U_{\text{max}} \).

Lean is the only constrained coordinate that is controlled by output linearizing control (21) to a specific set-point, \( \bar{y} = 0 \) corresponding to upright. We build pseudo-passive walking gaits by closing an outer feedback loop that inserts sagittal-plane dynamics into the unconstrained accelerations of (18):

\[
    \dot{\theta}_{d} = M_{\theta}^{-1}(\theta)([0, v_{pd}^{T}, 0]^{T} - C_{\theta}(\theta, \dot{\theta})\dot{\theta} - N_{\theta}(\theta + \beta)),
\]  

where \( v_{pd} = -k_{pd}\theta_{s} - k_{sh}\dot{\theta}_{s} \) is a torso controller and we have virtually rotated the gravity vector to mimic downhill dynamics (slope angle \( \beta = 0.06 \) rad) on flat ground [18]. This slope-changing “controlled symmetry” exploits passive limit cycles to render system (18) strictly minimum phase.

**Simulation Results.** We set the rotational friction coefficient to \( K_{1} = 0.5 \) and adopt the parameters given in Fig. 2. Recall that system \( \mathcal{H} \) under (22) is invariant with respect to heading, implying that no isolated orbits exist in the given coordinate system. We therefore analyze the hybrid system modulo yaw, for which a hybrid limit cycle may exist with respect to the change in heading over two steps.

1) Gait stability: We show the existence and local exponential stability of a hybrid limit cycle by the method of Poincaré sections [3]. Defining a return map \( P : G_{g} \rightarrow G_{g} \) between intersections with the ground-strike guard, we find a fixed-point \( x^{*} = P^{2}(x^{*}) \) corresponding to the hybrid limit cycle shown in Fig. 2. We numerically linearize the Poincaré map \( P^{2} \) about \( x^{*} \) to show that all eigenvalues are within the unit circle (|eig|_{max} = 0.58), confirming exponential stability of the discrete system and thus the hybrid system.

The yaw conserved quantity \( h_{\psi} = \frac{1}{(2\pi)^{2}}I_{J_{q}} + K_{1}\psi \) is piecewise constant throughout the walking gait in Fig. 2, switching signs every double-support transition due to the biped’s heading about \( \psi = 0 \). The hybrid dynamics in fact stabilize the relative difference between these output values. Recall that a constant value of \( h_{\psi} \) does not imply
Model: $M_t = 15$ kg, $\ell_t = 0.55$ m, $M_h = 10$ kg, $m = 5$ kg, $m_{th} = 0.7$m, $m_{sh} = 0.3$m, $\ell = 1$m, $\alpha = 0.5$, $w = 0.2$ m, $\rho = 0.0564$ rad
Gains: $K_1 = 0.5$, $K_2 = 25$, $L = 68$, $k_p = 700$, $k_d = 265$, $\beta = 0.06$ rad, $U_{\text{max}} = 40$ Nm
$x^* \approx (-0.0741, -0.0016, 0.3089, -0.0498, -0.3084, -0.3084, 0.2008, 0.0450, -0.8307, -1.1639, 0.7324, 0.7324)^T$

Fig. 2. Gait animation (top left), conserved quantity errors (top right), joint trajectory (middle left), phase portrait (middle right), saturated control torques (lower middle left), yaw friction torque (lower middle right), vertical ground reaction force (bottom left), and Coulomb friction ratios (bottom right). A supplemental downloadable movie of this 3D walking simulation is available at: http://vimeo.com/20956363.
that yaw is constant, but rather that the biped rotates toward some heading $\bar{\psi}$ parameterizing the first-order constraint (4) during that continuous phase. Directional changes in yaw correspond to jumps in $h_\psi$ at discrete events, and the resulting yaw trajectory in Fig. 2 resembles internal/external rotation of the tibia during human walking [1, Fig. 1-15].

The control and joint trajectory plots in Fig. 2 also show that the biped leans and yaws in the direction of the swing leg after the knee-lock event. The passive damping element in the yaw DOF contributes two orders of magnitude less torque than the actuators, but yaw motion remains bounded and stable due to our momentum constraints.

2) Viscous friction: We next examine the effect of viscous friction coefficient $K_1$, which enters into control (22). Decreasing the coefficient from $K_1 = 1$, instability ensues for coefficients smaller than $K_1 = 0.4$, which demonstrates that the yaw DOF requires a certain degree of damping for gait stability. The smallest maximum eigenvalue modulus is 0.518 for $K_1 = 0.7$. We also find that yaw range-of-motion increases as we decrease the damping coefficient.

3) Gait efficiency: Integrating $q^TBu$ to obtain the net work per step, we find that the specific average mechanical power is 0.52 W/kg. Moreover, the specific mechanical cost of transport (work done per unit weight per unit distance) is $c_{mt} = 0.037$, which compares favorably with popular walking robots such as the Cornell biped at $c_{mt} = 0.055$ and Honda ASIMO at $c_{mt} = 1.6$ [19]. By choosing momentum constraints based on symmetries and reinserting the original planar dynamics, our inverse dynamics approach retains the energetic efficiency that is characteristic of dynamic walking.

4) Contact constraints: Bipedal locomotion is unilaterally constrained in the ground reaction forces (GRF). In order to validate the fixed-base assumption in our simulations, we need to show that the GRF vector $F = (F_x, F_y, F_z)^T$ keeping the stance foot fixed satisfies two conditions: the vertical GRF component remains strictly positive, i.e., $F_z(t) > 0$ for all $t$, and the GRF vector remains within the friction cone, i.e., $|F_x(t)/F_z(t)|, |F_y(t)/F_z(t)| < \eta$ for all $t$ with Coulomb friction coefficient $\eta = 1$ (e.g., rubber feet). We verify these conditions (Fig. 2) using the procedure outlined in [2].

V. CONCLUSIONS

By proving that the first control term reduces to passive feedback, we have shown that controlled reduction can be achieved with one degree of underactuation in the presence of viscous damping from friction. This underactuated control strategy produced asymptotically stable walking for a five-link 3D biped with passive yawing at the foot contact point.

Future work will construct steering gait for motion planning applications [20]. Our controller does not provide direct control of heading set-point $\psi$, but a desired lean set-point $\bar{\phi}$ can be forced by output linearizing law (21). This angle can be chosen to lean into the direction of the desired heading.

The human-like yawing in our simulations was based on anthropomorphic ankle actuation, where viscous damping comes from passive elements such as tissues or ground friction. We unexpectedly found that the inclusion of knees in the model contributed to more natural GRF curves in Fig. 2, such as the double hump in vertical force that is characteristic of human walking. The addition of feet is not necessary for this profile but would likely improve the comparison.

Our walking model was not intended to be validated as human-like behavior, but it can be studied for insight into fundamental biped mechanics, such as the emergence of asymmetry [21]. This will guide the design of human subject experiments and ultimately novel interventions for locomotor deficits caused by stroke, amputation, or spinal injury.

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