

**DMA - UT Southwestern Medical Center
2016 - 2017 Art of Observation – MED 1039
Summary of Evaluation Comments Grouped by Question**

1. What did you learn in the Art of Observation class that improved your observation, analytic, problem solving and communication skills in looking at works of art?

| | TOTAL | | | | | | | | | | | | | | | |
|-------------------------------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Patience in observation | 3 | | | | | | | | | | | | | | | |
| Attention to detail | 5 | | | | | | | | | | | | | | | |
| Patterns, compare/contrast | 3 | | | | | | | | | | | | | | | |
| Importance of color | 3 | | | | | | | | | | | | | | | |
| Empathy/other perspectives | 6 | | | | | | | | | | | | | | | |
| Consider artist's intentions | 7 | | | | | | | | | | | | | | | |
| Effective communication | 5 | | | | | | | | | | | | | | | |
| Analytical thinking | 1 | | | | | | | | | | | | | | | |
| Comfort in interacting w/ art | 5 | | | | | | | | | | | | | | | |

It made me appreciate the multiple layers to a work of art. I can get very focused on specific pieces and forget to acknowledge other areas that may also contribute meaning.

I felt that deconstructing scenes and talking about what the artist was trying to convey was useful in strengthening our analytical skills

Observation is a key process in science and medicine. Through this class, I had a wonderful chance to learn how to observe, approach, and understand various types of art. From this, I learned how every part of an artwork - color, material, size - is a careful and intended act from the artist.

The use of color to guide your eyes around the paintings intentionally; thinking about the materials used and the historical context of the materials and how they contribute to the work of art; thinking about collaborations between artists and the use of different mediums in one piece

Where to begin looking at a work of art; to appreciate how an artist's use of color takes the viewer around a painting; how to compare and contrast artwork from the same artist; that everyone thinks differently about a given work of art

Looking at paintings to observe deliberate patterns helped me realize and practice looking for similar patterns elsewhere; practicing empathy and compassion/emotion with art helped with establishing rapport with others; trying to look for purposeful intent in paintings was also good

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(Question 1 answers continued)

I learned to pause, look carefully, move, and look again from a different perspective... trying to share thoughts on art showed me how much I still need to learn when conveying my ideas

Trust yourself. When approaching art, let the art guide you instead of looking for solutions to questions that have yet to be asked; don't be afraid to get into the art and attempt to mirror it to understand the feeling that goes along with it; with problem solving, there may be more than one solution or the journey to the answer may take time, so savor the journey

That you need to look beyond what is very obvious to get the big picture look; how small details can help direct the viewer's eye around a painting; that every detail was incorporated with a purpose; how the same idea can be presented in drastically different ways based on what the author's intentions are

I enjoyed activities where we verbalized and articulated to each other (practicing our communication skills) because it's so important in both medicine and art to be able to parse and describe the unfamiliar, and learn to construct a language that is effective and thoughtful. (I liked the activity we did in the first class with our partners [drawers and describers])

Being more patient and observant of not only details but of the big picture; being able to express what I saw in words and convey my impressions; learned how to look at art with different pts of views; go with gut feelings and instinct

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2. Please rate on the following scale (1-5): Did the experiences of looking at works of art apply or relate to your practice of medicine?

| | TOTAL | PERCENTAGE | | | | | | | | | | | | | | | |
|---|-------|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 1 | | | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | | | |
| 3 | 4 | 29% | | | | | | | | | | | | | | | |
| 4 | 3 | 21% | | | | | | | | | | | | | | | |
| 5 | 7 | 50% | | | | | | | | | | | | | | | |

Please comment about how the experiences of looking at works of art did or did not apply to your practice of medicine.

| | TOTAL | | | | | | | | | | | | | | | | |
|----------------------------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Patience in observation | 2 | | | | | | | | | | | | | | | | |
| Attention to detail | 5 | | | | | | | | | | | | | | | | |
| Background/history | 3 | | | | | | | | | | | | | | | | |
| Noticing patterns | 2 | | | | | | | | | | | | | | | | |
| Color meaning/perception | 5 | | | | | | | | | | | | | | | | |
| Empathy/other perspectives | 3 | | | | | | | | | | | | | | | | |
| Original state/intent | 1 | | | | | | | | | | | | | | | | |
| Effective communication | 1 | | | | | | | | | | | | | | | | |
| Analytical thinking | 2 | | | | | | | | | | | | | | | | |

I did think some classes were a bit of a reach in terms of connection to medicine, especially the empathy session (the Buddha part in particular felt very shallow, like we were just playing around with something that's actually very meaningful to other people).

Color variations, even slight, have become more noticeable; looking at artwork has helped me appreciate more details on histology

I think that we reinforced the idea of close looking and translating observation into analysis, but I thought we could use more actual activities that allow us to practice matching what we feel or what we think about a piece to what evidence we find in the work. We did do that a little, but I think we focused a lot on just either 1) what do you see or 2) how does this make you feel, and not synthesizing the two.

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(Question 2 answers continued)

Big picture: there's more that's there to a patient so don't be afraid to look deeper than what is said

Picking up on details such as gestures or colors to reveal a deeper message in works of art is a skill that translates to approaching patients and picking up cues in their room such as personal belongings to reveal more of their story.

Observation over action: medicine is much listening to the patients before premature diagnostic testing

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3. Describe a work of art from the class that you responded to and why - either because you liked it, did not like it, or have questions about it.

| | TOTAL | | | | | | | | | | | | | |
|----------------------------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Crow Collection: Landscape | 4 | | | | | | | | | | | | | |
| DMA: Buddha | 1 | | | | | | | | | | | | | |
| Nasher: Richard Serra | 2 | | | | | | | | | | | | | |
| Stoffel Collection pieces | 2 | | | | | | | | | | | | | |
| DMA: Abduction of Europa | 2 | | | | | | | | | | | | | |
| DMA: Gothic Bed | 1 | | | | | | | | | | | | | |
| Warehouse piece | 1 | | | | | | | | | | | | | |

The big piece in the center of the Crow Collection exhibition really reached out to me - I felt a personal connection to it because I've a similar style of doodling and I felt like I could really feel the artist's painting.

Glass artwork from the Stoffel collection - the spiders used to create webs were ordered from the same company that my undergraduate laboratory ordered an organism from

Buddha. I love meditation and that was a moment where I could just be present and feel a deeper connection to the work.

I loved the piece on Europa that we saw in the first session. It really opened my eyes to see how/what kind of mistakes I was making when looking at a piece of art (being too superficial) and helped me further understand the meaning of the piece

I liked the bed! It was great to see the history behind it and the importance of collecting a part of history :)

The sculpture of Prince Siddhartha resonated with me. That session was my favorite session because we reflected on compassion and empathy and how our bodies communicate with it. I think this is the most important ability physicians must have for their patients.

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4. Describe your most memorable experience from the course and why it stands out for you.

| | TOTAL | | | | | | | | | | | | | | |
|-----------------------------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Stoffel visit | 10 | | | | | | | | | | | | | | |
| Conservation lesson | 2 | | | | | | | | | | | | | | |
| First session (observation) | 1 | | | | | | | | | | | | | | |
| Warehouse visit | 1 | | | | | | | | | | | | | | |
| Mindfulness at the Crow | 1 | | | | | | | | | | | | | | |
| Posing activity | 1 | | | | | | | | | | | | | | |

The first session - we were taught how to begin looking at a piece of art and where to sequentially observe after that initial focus. This is a skill that helps me appreciate future art I observe.

Stoffel visit comments:

- I think the whole Stoffel visit was very memorable - being able to collect so much art and making it an intimate part of your living space is just remarkable to me - it says a lot about the people who collect it.
 - Our visits to the Warehouse and the Stoffel collection were something I'd have never seen if not for this class. I'm extremely grateful for those opportunities.
 - I really enjoyed our visit to the Stoffel private collection; it was just amazing how the house was built and the lovely pieces they collected that made their home a piece of art holding pieces of art.
 - The house exhibit made me realize how I would like to have art in my environment to wonder at.
 - I most enjoyed the visit to the Stoffel collection because we were able to communicate with the owners directly about what influenced them about the paintings and understand the decisions they made in curating their personal home. It was wonderful to see a combination of personal life and art.
 - The Stoffel house - how can anyone say anything else? It was amazing to see art as part of their lives, not just as something on the wall. Their passion for art is inspiring.
 - I loved seeing the Stoffel collection because they were there answering questions, and because their house itself is an amazing architectural work of art.
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5. Please rate on the following scale (1-5): Do you believe that participation in the Art of Observation class changed your perception about experiencing works of art?

| | TOTAL | PERCENTAGE | | | | | | | | | | | | | | | | |
|---|-------|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 1 | | | | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | | | | |
| 3 | 4 | 29% | | | | | | | | | | | | | | | | |
| 4 | 3 | 21% | | | | | | | | | | | | | | | | |
| 5 | 7 | 50% | | | | | | | | | | | | | | | | |

How so?

| | TOTAL | | | | | | | | | | | | | | | | | |
|----------------------------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Deeper thinking about art | 9 | | | | | | | | | | | | | | | | | |
| Empathy/other perspectives | 3 | | | | | | | | | | | | | | | | | |
| Museum insight | 3 | | | | | | | | | | | | | | | | | |
| Taking one's time | 2 | | | | | | | | | | | | | | | | | |

I think it's more important than ever to take my time with pieces I like and learn more about it so that I can fully appreciate the message it's sending.

I learned so much about what goes on behind the scenes at museums and how much work goes into it. I learned how to approach paintings differently and think more deeply about them.

I learned how every part of an artwork is a careful and intended act of the artist. I learned how learning the history/background of the art deepens the understanding of the piece.

I wouldn't casually walk by a piece of art without questioning the materials, its history, and the artists' intentions. I wonder more now how others would interpret and experience a work of art - my perspective is only one out of many.

I typically look for art that makes me happy when I look at it, and then just spend a lot of time looking at that piece. The elective forced me to look at pieces I didn't love at first sight, and explore their meaning and find beauty in them through observation.

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(Question 5 answers continued)

I liked the conservation session! Totally showed me a new side I hadn't truly appreciated before.

Taught me where to begin looking; taught me to observe similarities and differences among artwork; allows me to appreciate artwork in context; gives me other peoples' perspectives on works of art.

I am better able to try and analyze the meaning behind the details in an art piece; I never realized the extensive process involved in restoration! I never imagined how important having a strong chemistry/science background would be

Giving me a framework technically how to analyze art or the artist's intent; also giving me the confidence to trust my own gut reactions and feelings towards a piece; discussion with my classmates showed me the diversity of our ways of thinking

I take more time to look at pieces now. I take note of the way art makes me feel and ask myself why. It's broadened my definition/understanding of art. I consider context, socio/political climate around when the piece was created, etc. now, not just aesthetic appeal.

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6. After participating in the class, do you consider yourself to be more open-minded about new experiences or ways of looking at the world? Why or why not?

| | TOTAL | PERCENTAGE | | | | | | | | | | | | | | | | | |
|----------|-------|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Yes | 11 | 79% | | | | | | | | | | | | | | | | | |
| Somewhat | 2 | 14% | | | | | | | | | | | | | | | | | |
| No | 1 | 7% | | | | | | | | | | | | | | | | | |

I've always loved art, and I thought I knew a lot, but there's always more to learn and we must humble ourselves to new experiences. I think through this class I've become less judgemental and more observational about art, artists, curators, private collectors, and the value and impact of works of art.

The class has really opened my views about just how much art I see every day without realizing it. Furthermore, it has made me realize how art can also be in almost everything

I've been able to see a variety of interpretations from my classmates over the same piece which has really given me a great insight on the importance of perspective

Yes, I believe art teaches one to be open minded and flexible. Everyone experiences art differently. This class made it so we could hear each other's perspectives and see how individual or similar we are.

Yeah, I definitely have a deeper appreciation for the everyday art that I see on campus and on the street.

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7. What changes, additions, or improvements do you recommend be made to the Art of Observation class?

| | TOTAL | | | | | | | | | | | | | | |
|---------------------------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Change class time | 5 | | | | | | | | | | | | | | |
| Avoid quiz weeks | 2 | | | | | | | | | | | | | | |
| Cover more works of art | 1 | | | | | | | | | | | | | | |
| Cover more art history | 1 | | | | | | | | | | | | | | |
| Cover more medical topics | 1 | | | | | | | | | | | | | | |
| No changes | 4 | | | | | | | | | | | | | | |

—
Hell
, I
loved

getting to speak with people who are so involved in art and hearing their experiences so maybe more of that?

This will be unpopular, but I think we could use more readings (so we can have a baseline knowledge to base conversations). The literature is so rewarding to make your way through. I know art history is not the focus of this elective, but it could help deepen art appreciation and develop more meaningful connections between medicine.

I would maybe like to get more into the dealing of art, or maybe learning more about local art scenes

Scheduling comments:

- It would be nice if the class took place on Wednesday or Tuesday instead because we have exams on Friday.
 - If at all possible, moving it to a M/T/W would be much better for us because we have exams/quizzes almost every single Friday morning.
 - Maybe look at the schedule of the first years because often the turnout would not be as high when we had an exam the next day.
 - Not have classes on weeks of renal quizzes
 - The spacing - 3 classes in a month is a lot! And scheduling them around quizzes/tests - many students skipped classes on quiz weeks.
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8. For next year's class, would you recommend for the class to take place on Thursdays from 4:00-6:00 p.m. or on Thursdays from 5:00-7:00 p.m.?

| | TOTAL | PERCENTAGE | | | | | | | | | | | | | | | | |
|------------------|-------|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 4:00 – 6:00 p.m. | 9 | 64% | | | | | | | | | | | | | | | | |
| 5:00 – 7:00 p.m. | 4 | 29% | | | | | | | | | | | | | | | | |
| Other | 2 | 14% | | | | | | | | | | | | | | | | |

4:00 - 6:00 p.m. reasons:

- Less traffic
 - Not eating dinner as late
 - More time to study for Friday exams afterwards
-

5:00 - 7:00 p.m. reasons:

- Colleges may get out late on Thursdays when there are PT interviews
-

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9. Would you recommend this class to other students? Why or why not?

| | TOTAL | PERCENTAGE | | | | | | | | | | | | | | | | | | | |
|-------|-------|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Yes | 13 | 93% | | | | | | | | | | | | | | | | | | | |
| No | 0 | 0% | | | | | | | | | | | | | | | | | | | |
| Other | 1 | 7% | | | | | | | | | | | | | | | | | | | |

Absolutely, this class gives a lot of perspective and is a nice break from books. I love the sharing of ideas and group cooperation.

It was one of the highlights of my med school year and opens up a lot of thinking.

Coming from out of state, this course has helped expose me to the beauty that lies within Dallas.

Of course :) when else do you get to have this much fun in medical school?

This class was rejuvenating for me. I think it's a major reason why I did not go insane this semester. Art is so healing, and I think all of us should make more time to experience it.

Would recommend to people who have a background in art. I have no art background and was expecting more teaching about how to look at art or more hands-on activities for beginners, but many of my classmates had a significant background and could elaborate their thoughts.

2016-2017 Elective - Art of Observation (ENRH 115)

General Course Ratings

Total Mean: 4.62
Total SA/A %: 93.18 (205/220)
Total SD/D %: 2.27 (5/220)

| <u>Item</u> | <u>SA</u> | <u>A</u> | <u>N</u> | <u>D</u> | <u>SD</u> | <u>Mean</u> | <u>N</u> | <u>SA/A</u> | <u>SD/D</u> |
|--|-------------|-------------|-------------|-------------|------------|-------------|-----------|--------------|-------------|
| The course met the learning objectives stated in the syllabus. | 17 | 3 | 0 | 0 | 0 | 4.85 | 20 | 20 | 0 |
| | 85.0 | 15.0 | 0.0 | 0.0 | 0.0 | | | 100.0 | 0.0 |
| The course and its various components were well organized. | 17 | 3 | 0 | 0 | 0 | 4.85 | 20 | 20 | 0 |
| | 85.0 | 15.0 | 0.0 | 0.0 | 0.0 | | | 100.0 | 0.0 |
| The lecture(s) and group(s) helped me learn. | 17 | 3 | 0 | 0 | 0 | 4.85 | 20 | 20 | 0 |
| | 85.0 | 15.0 | 0.0 | 0.0 | 0.0 | | | 100.0 | 0.0 |
| The clinical relevance of the course material was apparent. | 12 | 6 | 2 | 0 | 0 | 4.50 | 20 | 18 | 0 |
| | 60.0 | 30.0 | 10.0 | 0.0 | 0.0 | | | 90.0 | 0.0 |
| The length of each session was ideal. | 10 | 8 | 1 | 1 | 0 | 4.35 | 20 | 18 | 1 |
| | 50.0 | 40.0 | 5.0 | 5.0 | 0.0 | | | 90.0 | 5.0 |
| The length of each session fit well into my schedule. | 6 | 6 | 4 | 3 | 1 | 3.65 | 20 | 12 | 4 |
| | 30.0 | 30.0 | 20.0 | 15.0 | 5.0 | | | 60.0 | 20.0 |
| The group size was appropriate for the format of this elective. | 11 | 8 | 1 | 0 | 0 | 4.50 | 20 | 19 | 0 |
| | 55.0 | 40.0 | 5.0 | 0.0 | 0.0 | | | 95.0 | 0.0 |
| I would recommend this elective to future students. | 18 | 2 | 0 | 0 | 0 | 4.90 | 20 | 20 | 0 |
| | 90.0 | 10.0 | 0.0 | 0.0 | 0.0 | | | 100.0 | 0.0 |
| Sharing the experience of looking at art with other students helped me see more than I would have on my own. | 18 | 1 | 1 | 0 | 0 | 4.85 | 20 | 19 | 0 |
| | 90.0 | 5.0 | 5.0 | 0.0 | 0.0 | | | 95.0 | 0.0 |
| The skills I learned while looking at art will help my observation skills in medicine. | 13 | 6 | 1 | 0 | 0 | 4.60 | 20 | 19 | 0 |
| | 65.0 | 30.0 | 5.0 | 0.0 | 0.0 | | | 95.0 | 0.0 |

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General Course Ratings

Total Mean: 4.62
Total SA/A %: 93.18 (205/220)
Total SD/D %: 2.27 (5/220)

| <u>Item</u> | <u>SA</u> | <u>A</u> | <u>N</u> | <u>D</u> | <u>SD</u> | <u>Mean</u> | <u>N</u> | <u>SA/A</u> | <u>SD/D</u> |
|--|-------------|-------------|------------|------------|------------|-------------|-----------|--------------|-------------|
| The individual faculty members were effective teachers for the course. | 18 | 2 | 0 | 0 | 0 | 4.90 | 20 | 20 | 0 |
| | 90.0 | 10.0 | 0.0 | 0.0 | 0.0 | | | 100.0 | 0.0 |

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Comments - Grouped by Question

1 How do you feel after each class and how do your feelings translate to your practice of medicine?

I feel really enlightened that I was able to view art in a new way and see how the various arts of perception are able to apply to medicine (especially the dermatology field, which I am interested in) It's very impressive to be able to get to see and explore Dallas in this way, especially since I am not originally from Dallas.

Absolutely loved this class.

I feel more creative and open after each class session. The class is a great time to shift thinking methods and practice observing and speaking.

I loved going to every class. It honestly was the tipping point for me deciding to go to UT Southwestern. Hearing about this course during my MSO weekend made me feel like UT Southwestern valued well-rounded students. Each class allowed me to explore an aspect of art that made me a more empathetic and whole future physician.

I honestly felt refreshed after each class. It was great being able to correlate art and medicine together, and it opened up a lot of perspectives for me in both fields.

Taught me to look at artwork in a more contemplative way and translates to observation of patients.

I always felt more down to earth after each class because medicine and medical school is such a niche environment to be in that it's nice to get out and participate in activities that are outside of the realm of medicine. I feel that being a well rounded person will always help you succeed regardless of the career path you choose; I want to be a doctor that is not only well versed in the practice of medicine, but also in other aspects (art, technology, etc.) and this class really helps in that regard.

I felt very refreshed after each class because I was able to gain new perspectives and hear the perspectives of other students which translates to the teamwork side of medicine.

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2 List opportunities for improvement in this elective.

The elective was fantastic, no comments.

Avoiding quiz weeks would improve attendance.

Earlier times would have it more convenient for those days when we had class the day before a quiz.

I think if the elective were moved to another day (not Thursday), the attendance would be much improved since MS1s have quizzes/tests on almost every Friday.

Perhaps be more wary of when we have quizzes (since most of us were MS1s) and often had quizzes or exams the next day

Absolutely loved this class.

The timing of class could be better to avoid rush hour and dinner!

I honestly thought the course was perfect.

- having the elective on Thursdays was difficult for many because we often have quizzes/exams on Friday, so if the elective was on another day of the week, that would be nice

Having the elective on a Thursday afternoon significantly hindered our studying for Friday morning quizzes. If possible, move it to Monday or Tuesday evening instead.

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3 In what ways do the collaboration exercises translate to the study and practice of medicine?

The collaboration exercises allowed me to communicate my own perspective and learn from others. We always hear from our mentors that medicine is a team sport, but that's only possible if we can understand each other.

Medicine is now a largely collaborative fields. Working with other students in interpreting art and other things was a great way to practice being in such an environment.

I like working in small groups and discussing our observations, feelings, and thoughts towards specific pieces. In the future, we will have to work and collaborate in groups. The observation aspect is also important to medicine- sometimes our patients will look differently than they describe and we have to pick up on subtle changes in skin or general appearance that might nudge us in the direction of a diagnosis.

Absolutely loved this class.

You are able to see how a variety of perspectives can originate from one piece of work and collaborate together to try and understand each other's point of view. I think that this is extremely applicable to the medical field because we will be collaborating with fellow physicians on diagnoses all the time.

Everyone has different strengths, personalities, and experiences which translates to the juggling act and balance and practice of medicine. Different teams approached activities differently and it all depends on what works best for each specific team.

Dr. Wickless was always there to relate the activities that we were doing to the practice of medicine. Art and medicine both require observational skills and a curious mind to decipher the image/patient in front of you. By enhancing our observational skills, we are better prepared to come to diagnoses after careful consideration of many aspects of the patient, and not just after a first glance.

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4 Share your ideas about activities to add or remove.

- assign students to works of art (medically related or otherwise) and have them try and decipher without looking at the description what is going on in the painting - have more opportunities to participate in art projects (more hands on)

I don't currently have any ideas.

Absolutely loved this class.

I didn't really like the class that was filmed- it felt a little rushed and disjointed because we talked about 4 very different pieces. I loved the visit to the private collection and to the Warehouse in Addison. In general, I liked classes in which we were able to view an entire gallery and discuss how the pieces were connected over classes in which we looked at 3 or 4 separate pieces.

I really enjoyed the behind the scenes aspect during the last class session. I wish there were more opportunities like that. Otherwise, I thought the course was very well planned and executed. I enjoyed every minute of it and loved getting to know our instructors. I would take it again if my schedule permitted.

I really liked all of them, no complaints!
