South Dallas Data
Health Variables

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"How old do you expect you will live to be?"

- <25 yrs old: 2.81%
- [25,50) yrs old: 2.61%
- [50,75) yrs old: 13.6%
- [75,100) yrs old: 45.1%
- >100 yrs old: 35.9%
- No Response: 0.00%
“What do you think are the chances that you will live to be 75 or more?”

- 3.01 %
- 3.61 %
- 13.4 %
- 12.6 %
- 20.4 %
- 34.5 %
- 12.4 %
- 50 %
- 100 %
- 150 %
- No Response
"Is anyone in your household ill or disabled so that they require homecare during the day?"

![Bar chart showing percentages for Yes, No, and No Response.]

- Yes: 23.0%
- No: 70.5%
- No Response: 6.41%
hMeCare

"Me (the person filling out this survey) provides care"

79.6%

19.0%

1.40%

No

Yes

No Response
"Someone in the household under the age 18 provides care"
"Adult family member(s) beside myself provides care"
hfriendcare
"Friend provides care"
"Paid care provider provides care"

- No: 92.8%
- Yes: 5.81%
- No Response: 1.40%
Church sponsored care program provides care
"Non-church sponsored care program provides care"
"What best describes your health insurance?"

- Medicaid: 29.5%
- Medicare: 9.42%
- Employer Provided Insurance: 9.02%
- Private Insurance: 4.41%
- "I do not have health insurance": 30.1%
- Other: 7.41%
- No Response: 10.2%
"Is your health insurance adequate to meet your needs?"

- Yes: 54.9%
- No: 41.3%
- No Response: 3.81%
- 50
- 100
- 150
- 200
- 250
"Which best describes why some members of your household are not covered?"

- Everyone in my household covered: 33.7%
- Can't afford health insurance: 31.1%
- Can't get health insurance because of condition: 2.20%
- We haven't needed insurance: 2.81%
- Job layoff or job loss: 9.82%
- Will be covered by job: 3.01%
- Lost public assistance: 2.20%
- Not offered by employer: 3.01%
- Other: 4.41%
- No Response: 7.82%
"Has there been a time when you or anyone in your family needed to see a doctor or go to the hospital but didn’t go?"
"How many times in the past year has a member of your household had to visit the emergency room for an accident (such as a car wreck, broken bone, etc.)?"
"How many times in the past year has a member of your household had to visit the emergency room for an illness (such as fever, infection, virus, etc.)?"
How many days did poor mental or physical health keep you from doing your usual chores?
"In general, your health is?"

- Excellent: 9.82%
- Very Good: 24.2%
- Good: 34.3%
- Fair: 24.4%
- Poor: 4.61%
- No Response: 2.61%
"How many times in the past have you seen some health practitioner for preventative care, such as physical exam, cholesterol screening, or a flu shot?"
"What is the main personal reason you are not more physically active?"
"What one thing would it take to get you to be more physically active?"

- More time: 15.8%
- Access: 3.41%
- Support from a friend: 5.01%
- Doctor’s advice: 9.02%
- Facilities: 14.2%
- No personal reason: 11.8%
- Other: 9.42%
- Money: 2.00%
- Support from family: 11.8%
- Childcare: 8.82%
- Transportation: 11.8%
- Self-motivation or will-power: 15.8%
- Already get enough exercise: 11.8%
- No Response: 20.00%
”How many people in your neighborhood are physically active?”

- **Most are physically active**: 51.1%
- **Some are physically active**: 22.6%
- **Few are physically active**: 12.8%
- **None are at all physically active**: 2.61%
- **No Response**: 10.8%
”Do you know people who are physically active?”

- Yes, a lot of people: 31.9%
- Yes, a few people: 56.3%
- No, none at all: 10.8%
- No Response: 1.00%
hratephys

How would you rate your overall physical fitness?"
hFat
Percent Energy from Fat

(<30%)
[30%,34%)
[34%,36%)
[36%,38%)
[38%,42%)
[42%,46%)
[46%, 50%)
[50%,54%)
[54%,58%)
[58%,62%)
≥62%
hFiber
Fiber intake (grams)
hVeg
Total pyramid Servings of fruits and vegetables
hVegnofries
Total pyramid Servings of fruits and vegetables, excluding french fries

No Response
htransdaytotal
Total minutes per day in a motor vehicle

- (0,1] hr 0 hrs: 15.4%
- (1,2] hrs: 17.2%
- (2,3] hrs: 18.0%
- (3,4] hrs: 14.4%
- (4,5] hrs: 9.22%
- (5,6] hrs: 5.81%
- >6 hrs: 3.61%
- No Response: 5.81%
Total minutes per day on a bike

- 81.4% for 0 hrs
- 5.21% for (0, 1] hr
- 5.81% for >1 hr
- 7.62% for No Response
Total minutes per day sitting

- 0 hrs: 2.00%
- (0,2] hrs: 19.4%
- (2,4] hrs: 26.1%
- (4,6] hrs: 18.6%
- (6,8] hrs: 12.2%
- (8,10] hrs: 7.21%
- (10,12] hrs: 2.40%
- >12 hrs: 1.80%
- No Response: 10.2%
hbikewktotal
MET minutes on bike in last 7 days

81.0%
10.4%
8.62%

- 0 hrs
- >0 hrs
- No Response
htransporttotalmets3cat
Sum of walking + bike METS minutes/wk, total transportation METS
Categories of stages of change

- 1 category of stage changes: 19.2%
- 2 categories of stage changes: 5.61%
- 3 categories of stage changes: 14.6%
- 4 categories of stage changes: 12.6%
- 5 categories of stage changes: 39.7%
- No Response: 8.22%

Legend:
- Red: 1 category of stage changes
- Purple: 2 categories of stage changes
- Blue: 3 categories of stage changes
- Green: 4 categories of stage changes
- Yellow: 5 categories of stage changes
- Orange: No Response