



# CENTER FOR STUDENTS IN RECOVERY

The Center for Students in Recovery helps students seeking recovery from drugs, alcohol, eating disorders, and other addictions or compulsive behaviors; those affected by addiction or compulsive behaviors; or individuals questioning or exploring the impact of potential addictions or compulsive behaviors on his/her/their life.

## SUMMER 2019 MEETING SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
12:00 – 1:00 pm				<b>CREATIVE RECOVERY</b>	<b>F.U.N. FRIDAY</b>
1:00 – 2:00 pm	<b>NOURISH</b>	<b>12STEPPERS</b>			
3:00 – 4:00 pm					
5:00 – 7:00 pm		<b>GET SCHOOLED</b>		<b>GET SCHOOLED</b>	<b>RECOVERY MOVIE THEATRE</b>
7:30 – 8:30 pm				<b>REFUGE RECOVERY</b>	

**Creative Recovery** – This is a time for students to come and participate in creative projects (art, crafting, journaling, film, music). Students will connect with the CSR community and find the therapeutic value of creativity in recovery.

**12 Steppers** – Time for students that are either involved in or curious about the 12 step process of addiction recovery. Students will connect and support each other through 12 step literature and peer support.

**Nourish** – Eating disorder peer support group.

**Refuge Recovery** – Meditation and discussion based recovery meeting inspired by Buddhist principals.

**Get Schooled** – Time dedicated to focusing on schoolwork. Quiet and mindful environment encouraged.

**F.U.N. Friday** – Join the CSR in volunteering and other fun activities. Time and location will change throughout the semester. Contact the CSR to find out about time and location.

**Recovery Movie Theatre** – Join the CSR in ending the week with a movie and snacks.

### Location:

Student Services Addition  
4th Floor, Suite 14.270

**Open to All Students**

### Contact Information:

Phone: 972-883-7320

E-mail: [recovery@utdallas.edu](mailto:recovery@utdallas.edu)

Website: [utdallas.edu/recovery](http://utdallas.edu/recovery)

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