The Center for Students in Recovery helps students seeking recovery from drugs, alcohol, eating disorders, and other addictions or compulsive behaviors; those affected by addiction or compulsive behaviors; or individuals questioning or exploring the impact of potential addictions or compulsive behaviors on his/her/their life.

### FALL 2018 MEETING SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
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<tbody>
<tr>
<td>10:30 – 11:30 am</td>
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<td>12:00 – 1:00 pm</td>
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<td>1:00 – 2:00 pm</td>
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<td>Nourish</td>
<td>Creative Recovery</td>
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<td>5:00 – 6:30 pm (Every 1st and 3rd Tuesday of the Month)</td>
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<td>Ally Connection</td>
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<td>7:30 – 8:30 pm</td>
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#### Creative Recovery
- This is a time for students to come and participate in creative projects (art, crafting, journaling, film, music). Students will connect with the CSR community and find the therapeutic value of creativity in recovery.

#### 12 Steppers
- Time for students that are either involved in or curious about the 12 step process of addiction recovery. Students will connect and support each other through 12 step literature and peer support. Open group.

#### Nourish
- Eating disorder peer support group.

#### Ally Connection
- Join us as we learn how to be true recovery allies! Addiction recovery advocacy, education, and community building.

#### Refuge Recovery
- Meditation and discussion based recovery meeting inspired by Buddhist principals.

#### Volunteer
- This time will be spent on and off campus for volunteering. Time and location will change throughout the semester. Contact CSR to find out about time and location.

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**Location:**
Student Services Addition  
4th Floor, Suite 14.270  
Open to all students

**Contact Information:**
Phone: 972-883-7320  
E-mail: recovery@utdallas.edu  
Website: utdallas.edu/recovery  
Facebook.com/utdceneterstudentsrecovery