The Center for Students in Recovery helps students seeking recovery from drugs, alcohol, eating disorders, and other addictions or compulsive behaviors; those affected by addiction or compulsive behaviors; or individuals questioning or exploring the impact of potential addictions or compulsive behaviors on his/her/their life.

**SPRING 2018 MEETING SCHEDULE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
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<tbody>
<tr>
<td>10:00 – 11:00 am</td>
<td></td>
<td>Meditation</td>
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<tr>
<td>12:00 – 1:00 pm</td>
<td>SASS</td>
<td></td>
<td>Nourish</td>
<td>COR (12-2pm)</td>
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<tr>
<td>5:30 – 6:30 pm</td>
<td>S&amp;L Recovery</td>
<td>SMART</td>
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<tr>
<td>7:00 – 8:00 pm</td>
<td>AA/NA</td>
<td>Yoga</td>
<td></td>
<td>Refuge Recovery</td>
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**SASS**: Sexual Assault Survivors Support Group  
**AA/NA**: This 12-step meeting will alternate between Alcoholics & Narcotics Anonymous literatures  
**Meditation**: Time dedicated to meditation and mindfulness practices  
**S&L Recovery**: Sex and Love Recovery peer support group  
**SMART Recovery**: Self-Management and Recovery Training  
**Yoga**: Certified yoga instructor-led class for all levels  
**Nourish**: Eating disorder peer support group  
**Refuge Recovery**: Meditation/discussion-based recovery meeting centered in Buddhist philosophy  
**Campus Open Recovery (COR)**: Group recovery activities for all students

**Location:**  
Student Services Addition  
4th Floor, Suite 14.270  
Open to all students: 8am-5pm, Mon-Fri

**Contact Information:**  
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Website: utdallas.edu/recovery  
Facebook.com/utdcenterstudentsrecovery