Hi everyone. My name is Randi Mogul and I am delighted to have been selected vice president of Staff Council. Originally from upstate New York, I have worked at UT Dallas for five years in Residential Life. I am excited to continue working with freshmen as we move into the new residence hall in the fall. I love working at UT Dallas and thoroughly enjoy the students, staff and faculty here. Everyone is wonderfully committed to the success of UT Dallas students. I hope to continue making Staff Council a positive, influential organization and look forward working more closely with its president, Tricia Losavio. I love movies, reading, playing with my cats and taking walks while listening to my iPod! Call me anytime at 972-883-5361 or email me at randi.mogul@utdallas.edu
COST CONTAINMENT INITIATIVES THROUGHOUT CAMPUS

Dr. Daniel invited Staff Council representatives to meet with him on Feb. 23, 2009. The topic of the meeting was cost containment issues and initiatives. The UT Dallas president outlined his concerns and plans for the campus, with supporting comments being offered by Dr. Calvin Jamison, vice president for business affairs. Both administrators emphasized that the UT Dallas campus was in better fiscal shape than much of the rest of the UT System. Many of the restraints and cutbacks, such as cuts in travel and catering, help hold the budgetary line so that the UT Dallas campus maintains its fiscal health into the balance of the year.

Dr. Daniel asked for input and suggestions from Staff Council. Some ideas offered included asking staff to adjust thermostats in buildings and to turn off lights in unused rooms. It was also mentioned that most staff with campus vehicles could avoid idling, which is a waste of fuel over time. Staff representatives also proposed a Web site for cost-saving ideas. It was suggested that Dr. Daniel meet with a wider group of campus constituents to explain the plans and reasons behind the cost-containment initiative. Dr. Daniel indicated that he would begin to schedule more of these meetings as time permitted.

CAMPUS CONSTRUCTION CONCERNS

Frustrated by road closures, or worse, have you been issued a traffic ticket for entering a “no passage zone” that was once your easy access to a destination of choice on campus?

Progress can cause ripples. Whether driving or walking around campus, detours and closures have caused aggravation and confusion.*

By now, most have adjusted to changes in routes and detours. Drivers are advised to exercise caution through parking lots and around construction areas, especially routes that also expose pedestrian traffic to risk.

Other suggestions:
• Allow extra time for on-campus travel and parking.
• Be mindful of new signage and traffic directional devices.
• Use the free public transportation available to the UT Dallas community, the Comet Cruiser.
• Monitor the Pardon our Progress Web site (utdallas.edu/pardonourprogress) and watch the University’s daily News Center page for updates about road closures, pedestrian advisories and planned power shut-offs.

UT Dallas authorities are serious about enforcing traffic laws. Take caution; learn where to go; and where not to go; slow down…and be patient! There is an exciting new change coming to this campus that all will all soon enjoy.

(*article updated, May 15, 2009)
Congratulations to the following recipients of the Staff Council Scholarship for the Fall 2009 semester:

- Valerie Lariscy
- William (Cole) Detwiler
- Blair Flicker
- Daniel Calhoun
- Imperio Shanks
- Irene Marroquin-Bellatin
- Janet Collins
- Narcely Ruiz
- Andrea Moody

Fall 2009 CARE Award Winners:
- Karen Baynham – UT Dallas Career Center
- Kristen Blakely – Office of Academic Affairs and Office of the Executive Vice President and Provost
- Janet H. Collins – School of Interdisciplinary Studies
- Susan S. Kutchi – McDermott Library
- Pamela M. McElrath – Residential Life Office
- Mary Jo Rex – School of Arts and Humanities

This scholarship is geared toward helping our fellow staff members achieve their goals and dreams by furthering their education.

Funds for the scholarships are obtained from the different fundraising events Staff Council holds throughout the year, such as the Valentine Balloon Sale and Jail N’ Bail. Your participation and contribution in these events helps keep the scholarship growing each year. Thank you.
Working for UT Dallas has many benefits and perks. Did you know that we have a state-of-the-art Activity Center? It has high-quality exercise equipment in the fitness center; racquetball, squash and basketball courts; and a swimming pool. Various classes are offered throughout the year at minimal cost and some are even free! **Staff and faculty only have to pay $65 a semester** and $81 per semester for spouses or significant others. Payroll deductions are available to staff for as little as $21.66 a month! That is a great deal compared to other area health clubs. Being a member of the Activity Center is a super bargain! The Wellness Committee encourages you to take a tour of the facility to see for yourselves. Let’s all make that effort to be healthier now! For more information, please call 972-883-2061.

*Note: The Activity Center is a student fee supported facility and therefore faculty and staff are not eligible for free membership.

Corporate Challenge is gearing up for the fall games! This Olympic-type competition is produced by the City of Richardson, involves over three dozen companies in the surrounding community, and consists of 22 athletic and non-athletic events that run from late August to mid-October. Think about joining a team to represent UT Dallas. Games include a 15K bike race, a 5K run, badminton, basketball, bass fishing, billiards, bowling, darts, dominoes, flag football, horseshoes, kickball, mini-golf, soccer, softball, swimming, table tennis, *Texas Hold’em*, volleyball and Punet, Pass & Kick. All UT Dallas staff, faculty, spouses and retirees that are benefits eligible may participate. We will also need to put together a Spirit Committee to help with publicizing the events, to plan the Sign-Up Ice Cream Social, keeping captains informed of the competition rules and regulations, T-shirt design and distribution and much more. Everyone can participate in some way. Let the games begin!

For more information, visit [www.cor.net/CC](http://www.cor.net/CC)

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**Staff Council**

**JAIL ‘N BAIL**

**FUNDRAISER COMING SOON**

**Wednesday, August 26, 2009**

**During Cometville Carnival**

All proceeds will go to the Staff Council’s Staff Scholarship Fund and the General Student Scholarship Fund.
SUN SAFETY FOR THE SUMMER

Wear sunscreen. Most people think if they slap on some sunscreen once they’ll be fine. This is very wrong – especially for children. People should use sunscreen 15-30 minutes before going outside in order for the sunscreen to take effect. A liberal amount (palm full) should be applied to each body part and should be re-applied at least every two hours, each time you come out of the water or if you’ve been sweating profusely. Other factors to keep in mind are wind (which dries your skin) and if you’re at a high altitude (UV radiation increases 4-5% at every 1,000 feet above sea level). Clouds only block as much as 20% of all UV radiation. And don’t believe that just because you’re in the water you’re safe against the UV rays.

Avoid tanning beds. Unfortunately, people have the false belief that tanning beds are safe. They aren’t. It was once believed that the UV rays emitted from tanning beds were not harmful because the sunlamps only gave off UVA and little, if any, UVB rays. But we’ve now learned that UVA can cause serious skin damage, possibly the worst of all skin cancers - melanoma. Sunlamps used in homes are equally harmful.

Cover exposed areas. Wear light-colored, loose fitting clothing that protects you from the sun’s rays. Use tightly woven fabrics that cover your arms and legs, and wear a broad-brimmed hat that covers your head and ears.

Seek shade when appropriate. Remember that the sun’s rays are strongest between 10 a.m. and 4 p.m. If your shadow is shorter than you are, seek shade.

Avoid reflective surfaces. Snow and water can reflect much of the sun’s damaging rays.

WELLNESS RECIPE: Sweet & Sour Meatballs

Regular sweet & sour sauce has a ton of sugar… here’s a recipe for you using Splenda-sweetened pineapple. (The carbs come from the fruit and vegetables...good, nutritious, complex carbs!) Stick this in your slow-cooker on low for a few hours, make up some fluffy, fragrant rice for your family... dinner is ready!

Vegetable cooking spray
One 20-ounce can Splenda-sweetened pineapple (chunks or slices), juice reserved
1/4 cup apple cider vinegar
3 tablespoons soy sauce
2 teaspoons tomato paste
1/4 cup Splenda
3 teaspoons sugar free maple syrup (or Splenda)
1/4 teaspoon ginger
1/8 teaspoon red pepper flakes
1 tablespoon cornstarch
Kosher salt to taste
2 1/2 - 3 cups prepared meatballs
1 onion, cut in 1 inch pieces
1 green pepper, cut in 1 inch pieces
1 red pepper, cut in 1 inch pieces

Directions: Preheat slow-cooker on low, or oven to 350 degrees. Coat pot or deep baking dish with vegetable spray.

Combine pineapple mixture, apple cider vinegar, soy sauce, tomato paste, Splenda, syrup, ginger, and red pepper flakes in a small saucepan. Reserve 1 tablespoon. Bring to boil over high heat, stirring often. Mix cornstarch into reserved liquid and add to boiling sauce. Cook and stir until thickened.

Place meatballs into the slow-cooker or a baking dish. Pour sauce over meatballs and allow to cook on low in the slow-cooker for 2 hours or in the oven for 45 minutes or until bubbling. Add pineapple mixture, onion, and peppers; cook in slow-cooker for another hour or oven for 30 minutes or until vegetables are tender. Makes 6 servings.

Per Serving: Calories 268; Protein 14 g; Fat 13 g; Carbs 13 g; Sugar 6 g; Sodium 970 mg

Recipe provided by Patrice Holt
MEET STAFF COUNCIL MEMBERS IN DISTRICTS 6 & 7

Tysh Coleman - 6
Erin Dougherty - 6
Roxanne Minnish - 6
Rena Read - 6
Tara Riall - 6
Douglas Shedd - 6
Lynne Boyer - 7
Tommi Ivey - 7
Kimberly Kentfield - 7
Jacqueline Long - 7
Irene Bellatin - 7
Remona McLain - 7
Rebecca Murry - 7

Not pictured - Hamilton, Robert - 6

Welcome to the New (or reassigned) Employees!

AL AHMAD, MAHMOUD — Research Scientist, Materials Science
BEARD, ANNE GAUDET — Director, Research
BERRY, KENNETH SCOTT — Asst. Director, Office of the
    President
CAMPBELL, KESHIA — Director, Business Affairs
DANILOV, EVGENY — Research Scientist, Physics Department
FREEMAN, FRANCES JACKSON — Asst. VP Diversity &
    Community Engagement
GOSSLER, PAGETT DAVIDS — Director, Office of Development
KANTER, ELIZABETH — Research Associate, Center for Brain
    Health
KARIMIYAN ALIDASH, HOSSEIN — Visiting Lab Assistant,
    Electrical Engineering
LI, WEI — Research Associate, Engineering & Computer
    Science
MACIEJEWSKA, MARY — Research Associate, Center for Brain
    Health
PEREZ, EDSON VLADIMIR — Research Associate
REED, AMANDA CHRISTINE — Research Associate,
    Behavioral & Brain Sciences
REESER, JOHN — Fiscal Officer, School of Management
TACCINO, LORI — Director Contract & Grants Accounting
WRIGHT JR., JAMES — Director, Environmental Health &
    Safety

About the UT Dallas Staff Council
The Staff Council is an advisory body through which eligible staff members can convey
information and make recommendations to the President regarding interests and
concerns of the University staff. The Staff Council is constituted by the President with the
goal of continually improving University operations and the wellbeing of UT Dallas’
employees. The Staff Council addresses matters of general concern to the UT Dallas
community and, in particular, to members of the UT Dallas staff, and is not intended to
supplant existing procedures for addressing individual grievances.

Brought to you by the
Staff Council Communications Committee
Tommi Ivey, chair
Michelle Long, vice chair
Meta Alsobrook
Corina Cantua, secretary
Laurie Brown
Patrice Holt
Lin Mante
Holly Orozco
Lorena Phillips
Brenda Self
www.utdallas.edu/staffcouncil