SUCCESS WEEK

SEPTEMBER

September 11th - Ain’t no Goal High Enough 12PM-1PM
Ain’t no class hard enough to keep you from coming to this workshop. We will explore goal setting strategies to keep you motivated throughout the semester and reach your highest peak.

September 12th - Note Taking 101 4PM-5PM
“You light up my notebook like nobody else. The way you flip the pages gets me overwhelmed.” - Feeling overwhelmed? We are here to guide you in One Direction. This workshop will cover skills for note taking in high pressure classes.

September 13th - Time Management 101 12PM-1PM
“Pros don’t Procrastinate”-“I need to make A’s!” “I want to be on the Dean’s list!” “I never have time for anything!” “Friends? What are friends? I’m studying!” Have you ever made these statements to yourself? Have you said them to other people? Do you want to make a change? Come to our time management workshop to learn how to effectively navigate your semester.

September 27th - The Final Countdown...to Midterms 12PM-1PM
Have you started your first set of tests? Or you’re just not sure where to get started on studying for midterms? As midterms near the uncertainty starts mounting and you may start to feel added pressure. Join us in learning test preparation strategies and feel confident about walking in to ace your midterms.

OCTOBER

October 2nd - Study Skills 101 11AM-12PM
“Darling, I would catch a bad grade for you”-Easy come, easy go. That’s just how your grades go... with this workshop. Learn multiple types of study skills that will definitely help you increase your grades.

October 17th - Academics & Order: Special Victims Unit 4PM-5PM
Oh No! You login to a bloody crime scene on e-Learning and now you need to find the culprit. In this workshop you will meet a world renowned Student Success Center certified A.S.C. (Agent of Scholarly Crimes) who is affiliated with your major's school to help crack the case. You will learn various Learning Styles to prevent an academic meltdown.

NOVEMBER

November 5th - Stress Management 101 4PM-5PM
"Treat Yo’Self"- Donna Meagle and Tom Haverford’s extreme retail therapy is, of course, one way of dealing with the stress in your life. However, your college student wallets perhaps can’t handle that kind of budgeting. Instead of becoming a cashmere and velvet candy man/woman, you can come to our stress management workshop to discover different ways to really treat yo’self without breaking the bank.