



## October is Breast Cancer Awareness Month

Women in the United States get breast cancer more than any other type of cancer except for skin cancer. It is second only to lung cancer as a cause of cancer death in women.

Each year it is estimated that nearly 200,000 women will be diagnosed with breast cancer and more than 40,000 will die. Approximately 1,700 men will also be diagnosed with breast cancer and 450 will die each year.



Talk to your personal physician about when you should begin having mammograms and the schedule for your routine mammogram as you age. Also, every woman should be skilled in doing monthly breast self-exams. If unsure about the 5 steps of a breast self-exam go to [www.breastcancer.org](http://www.breastcancer.org) and select the symptoms and diagnosis link then the breast self exam option!

### MARK YOUR CALENDAR!



**Women's Link**<sup>™</sup>  
Complete Women's Services  
at The Medical Center of Plano

The Women's Link Diagnostics at The Medical Center of Plano is hosting a  
**"MIDNIGHT MAMMO"** event.

**WHEN:** Monday, October 11 from 8:00 PM – 12:00 AM  
**WHERE:** Women's Link Diagnostics, Suite 109 in the Main Hospital  
(3901 W. 15th Street, Plano TX)

We've made it easy and are also providing FREE eyebrow waxing, henna tattooing, nail painting and refreshments.

Please call Women's Link at **214-473-7809** if you have questions.

Schedule your appointment: **972-612-6500** . . . but "walk-ins" are welcome!

CASH PAY screening mammogram is available for individuals with no insurance for approximately \$65.00 which includes the radiologist fee.

**PLEASE POST FOR THOSE EMPLOYEES WITHOUT EMAIL**

