



September is National Emergency Preparedness Month

While we can't control the weather or prevent disasters and acts of terrorism, there are steps that you can take to keep you and your family members safe and minimize any health risks.

You may want to start with by developing a **FAMILY DISASTER PLAN**. The American Red Cross recommends that you first meet with your family and discuss:

1. What types of disaster are most likely to occur and why you need to prepare.
2. Dangers of fire and severe weather (flooding, tornados, etc.)
3. How responsibilities will be shared so that you can work as a team during the emergency.

Start by picking two (2) places to meet:

1. Right outside your home in case of a sudden emergency, like a fire.
2. Outside your neighborhood in case you can't return home. All family members should know the address and phone number.

Also, learn about your community's warning signals: what they sound like and what you should do when you hear them!

DID YOU KNOW: After the 2005 hurricane season, the American Red Cross developed the **Safe and Well** website which allowed individuals within a disaster area to let their friends and family outside the area know how they're doing and where they are: shelter, hotel or home. If you go to www.redcross.org look for the link under **HOW TO GET HELP**. This link might come in handy if you have family or friends affected by Hurricane Irene or the fires here in Texas



**American
Red Cross**

According to the American Red Cross website, during large-scale disasters, there is telephone-based assistance via the 1-866-GET INFO hotline for individuals who live within the affected areas and do not have internet access but wish to register on the Safe and Well website.

More emergency preparedness information to come throughout the month!

PLEASE POST FOR THOSE EMPLOYEES WITHOUT EMAIL

