



Roses are red,
what you've heard is true.
Just 10 short weeks
to a smaller you.

The University of Texas System is offering you an opportunity to lose weight -- **at no cost** -- with a program called Naturally Slim.

Naturally Slim is an online program that helps you lose weight, plus improve your overall health -- all while eating the foods you love! With Naturally Slim, you will learn that you don't have to starve yourself or count calories to lose weight and keep it off forever.

The program begins February 29, 2016. Participation is limited. To apply, complete the online application by **February 12, 2016**.

Visit www.naturallyslim.com/LivingWell
to apply and learn more.

This pilot program is only available to Active Employees who are members of the UT SELECT Medical Health Plan.

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LivingWell
make it a priority

UT Benefits
THE UNIVERSITY of TEXAS SYSTEM