Sign up for *Keep UT System Active*!

Team up with colleagues to compete against other UT System institutions in the Spring 2018 UT System Activity Challenge.

You’ll log your daily activity including steps, sleep, and water consumption, earning virtual miles along the trail, and stopping at UT System landmarks along the way.

Sign up at [www.utlivingwell.com](http://www.utlivingwell.com) and opt-in to the Keep UT System Active challenge. Good luck!

Registration: March 19 - April 9, 2018
Challenge: April 2-29, 2018

[www.livingwell.utsystem.edu](http://www.livingwell.utsystem.edu)