

Ergonomics Policy

1. Minor Ergonomic Issues (Minor Discomfort, not constant pain)
 - a. View the EH&S presentation that is available online
 - b. Correct issue as stated in presentation
 - c. If discomfort continues or issue is not covered in the presentation, contact EH&S for an evaluation of your workplace
 - d. EH&S will issue suggestions on how to avoid discomfort or recommend purchase of equipment to correct problems, if needed
 - i. EH&S can loan available equipment to see if it solves the problem
 - e. EH&S will follow up within a month to assure problems are alleviated and the solutions are working properly

2. Major Ergonomic Issues (Carpal tunnel, chronic back pain, etc)
 - a. View the EH&S presentation online in order to have an awareness of what you are doing incorrectly
 - b. Correct all issues that may be causing problems
 - c. Schedule an appointment with EH&S for an evaluation
 - d. EH&S will issue suggestions on how to avoid discomfort or recommend purchase of equipment to correct problems
 - i. EH&S can loan available equipment to see if it solves the problem
 - e. EH&S will follow up within a month to assure problems are alleviated and the solutions are working properly

EH&S Contact number 972-883-4111